SEARCH TIPS

Enter two or more words in quotation marks to search for them as an exact phrase.

Ex: “physical activity”

Use * to truncate a word to retrieve different forms of the word.

Ex: depress* retrieves depression, depressed, depressive, etc.

Use the AND operator to retrieve results having multiple components

Ex: “mental depression AND exercise”

Use OR to retrieve synonyms so you include results even if the author and you use different terms to describe the same idea.

Ex: exercise OR “physical activity”

FILTERING TIPS

Enter two or more words in quotation marks to search for them as an exact phrase.

Ex: Click “scholarly journals” to see articles from academic journals only.

Filter by publication date to find more recent articles

Ex: Search for articles published after the year 2000.

FILTERING TIPS

Look to the right under Subject for additional or alternative headings that can help refine your search.

Ex: Subject

exercise
quality of life
obesity
depression
aged, 80 & over
mental depression
mental disorders
older people

CITING

Click “Cite” in the blue banner to copy and paste the citation for your paper into your works cited page. Remember that computer-generated citations are frequently incorrect so double-check your citations!